



# Advanced First Aid



Building on the knowledge and skills within the *Emergency Care for Professional Responders* text, learners will gain the knowledge and skills needed to provide appropriate patient assessments, interventions, and ongoing care in the workplace. The various options for transportation of an injured worker from the workplace to a healthcare facility are also covered. This course meets CSA Standard Z1210-17 First Aid Training for the Workplace.

## Audience

For those primarily designated with the responsibility as an Advanced Workplace First Aid Attendant. In some jurisdictions, this advanced first aid course is approved for pre-hospital medical first responders.

## Duration

80-120 hours (based on jurisdiction)

## Prerequisites

- Participant must be certified in Standard First Aid with CPR level C.

## Completion

- Successfully demonstrate the required skills
- Minimum 75% mark for written, closed book, knowledge evaluation
- Successfully complete minimum of one practical scenario
- Attend and participate in 100% of the course

## Certification

- 3-year certification in Advanced First Aid (digital certificate issued upon successful completion)

## Recertification

- 40 hours

## Course Content

- The Professional Responder
- Responding to the call
- Infection prevention and control
- Anatomy and physiology
- Assessment
- Airway management and respiratory emergencies
- Circulatory emergencies
- Shock
- Hemorrhage and soft tissue trauma
- Musculoskeletal injuries
- Chest, abdominal and pelvic injuries
- Head and spinal injuries
- Acute and chronic illnesses
- Poisoning
- Environmental illnesses
- Pregnancy, labour and delivery
- Special populations
- Crisis intervention
- Reaching, lifting and extricating patients
- Transportation
- Multiple-casualty incidents
- Pharmacology
- Marine environment
- Workplace

*Includes any other content required by specific legislation*

## Participant Materials

- Canadian Red Cross Emergency Care for Professional Responders Reference Text*
- Canadian Red Cross Emergency Care for Professional Responders Workbook (optional)*



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